Breaking Ground: Building a Framework to Age Well in Oregon

November 16, 2021

We will get started shortly. Your lines are muted upon entry. This event will be recorded.
Welcome!

• Today’s event is being recorded
• All participants are muted on entry
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• Please fill out the satisfaction survey
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Breaking Ground: Building a Framework to Age Well in Oregon

November 16 | 10-11:30am

Moderator:
Stephanie Hooper
President, AGE+

Panelists:
John Tapogna, MPP
President, ECONorthwest

Bandana Shrestha
State Director, AARP Oregon

Keren Brown Wilson, PhD
Founder and CEO, Jessie F. Richardson Foundation
Stephanie J. Hooper
President
AGE+
BREAKING GROUND:
BUILDING A FRAMEWORK TO AGE WELL IN OREGON
AGING IS CHANGING—AND CHANGING OREGON

1 IN 4 PEOPLE WILL BE 65+ BY 2035

RURAL OREGON IS ALREADY THERE
WHAT WILL THIS MEAN FOR OREGON?

STATES, LOCALITIES AND COMMUNITIES WILL EXPERIENCE . . .

• Greater demand for services
• Opportunities for innovation

WE ALSO NEED TO CONSIDER THAT OLDER OREGONIANS WILL . . .

• Be more diverse
• Experience greater income inequalities
COVID-19 REVEALED A TRUER PICTURE OF AGING

COVID HAS MADE CLEAR THE SERIOUS FISCAL CONSTRAINTS OF STATE GOVERNMENT, HIGHLIGHTING THE . . .

• Importance of older adult volunteers
• Potential and limitations of technology
• Effects of isolation and loneliness
• Gaps in delivery of goods and services
• Need for culturally appropriate services
• Limitations of current transportation options
• Demand for paid and unpaid caregivers
• Need for more accessible housing
John Tapogna, MPP
President
ECONorthwest
2020 is two-thirds of the way through a major demographic shift

Age Cohorts as a Share of Total Population, 1980 and 2040 Oregon

Source: ECONorthwest analysis of U.S. Census and Portland State University population projections.
Oregon’s rate of natural change in population is about to go negative

Oregon Population Forecasts and Components of Change

Source: Oregon Office of Economic Analysis, September 2020 Forecast
Net migration by age, Oregon, 1980s to 2000s

Oregon population growth 1950-2050 (annual average growth by decade)

Source: Portland State University Population Resource Center and the Oregon Office of Economic Analysis 2013 long-range population forecast. Note: Counties are designated as urban if they contain a metropolitan area, and rural if they do not.
Net migration, by age, Douglas County, 1980s-2000s

Transfer payments as a share of total personal income


Source: U.S. Bureau of Economic Analysis
Bandana Shrestha
State Director
AARP Oregon
AGING: We are all doing it

We are living longer, working longer, and living nonlinear lives.

The 50-plus cohort will grow from 36% to 43% of the population by 2050.
Life expectancy and other outcomes are impacted by a person’s gender, race, sexuality, income, ability, education, and location.
Nearly one-third of Oregon residents age 45+ are currently providing unpaid help to an adult relative or friend.
In the past year, **two in ten Oregon residents** age 45+ decided not to go to a doctor or specialist when needed because of the cost.

### Actions Taken in the Past 12 Months Regarding Healthcare

<table>
<thead>
<tr>
<th>Action</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Decided not to go to a doctor or specialist when needed because of the cost</td>
<td>20%</td>
</tr>
<tr>
<td>Gone to the emergency room instead of your primary physician</td>
<td>18%</td>
</tr>
<tr>
<td>Delayed getting a prescription filled because of the cost</td>
<td>15%</td>
</tr>
<tr>
<td>Taken less medicine than prescribed to make it last longer</td>
<td>15%</td>
</tr>
<tr>
<td>Decided not to fill a prescription because of the cost</td>
<td>15%</td>
</tr>
<tr>
<td>Cut back on items such as food, fuel, or electricity to afford prescription drugs</td>
<td>10%</td>
</tr>
<tr>
<td>Ordered your prescription drugs by mail or Internet from another country because they cost less</td>
<td>8%</td>
</tr>
<tr>
<td>Traveled to Canada or another country to purchase prescription drugs because they cost less</td>
<td>3%</td>
</tr>
</tbody>
</table>
Two-thirds (66%) of Oregon residents age 45+ believe older workers face age discrimination in the workplace today.

Age Discrimination in the Workplace

- Yes: 66%
- No: 24%
- Don't know/ refused: 9%
Over half of Oregon workers age 45+ are concerned about having enough income or savings to retire.

Concerns About Retirement Plans

<table>
<thead>
<tr>
<th>Concern</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Having enough income or savings to retire (n=453)</td>
<td>56%</td>
</tr>
<tr>
<td>Ensuring the solvency and security of your retirement plans (n=709)</td>
<td>50%</td>
</tr>
<tr>
<td>Having to postpone retirement (n=453)</td>
<td>39%</td>
</tr>
</tbody>
</table>
More than three-quarters of Oregon residents age 45+ think that housing affordability is a problem in the area where they live.

Housing Affordability a Problem in the Area

- Yes: 79%
- No: 19%
- Don't know/ refused: 3%
Age-Friendly Communities

The 8 Domains of Livability

1. Community Support & Health Services
2. Outdoor Spaces & Buildings
3. Transportation
4. Communication & Information
5. Civic Participation & Employment
6. Respect & Social Inclusion
7. Social Participation
8. Housing
Keren Brown Wilson, PhD
Founder and CEO
Jessie F. Richardson Foundation and AGE+
OREGON, TIME TO GO BIG.
WE'VE GOT TEN YEARS.
# The Compartmentalized Approach

<table>
<thead>
<tr>
<th>General Public (All Generations &amp; Types of Families)</th>
<th>Housing</th>
<th>Age-Friendly Recreation &amp; Transportation</th>
<th>Business &amp; Industry</th>
<th>VA Medicare Advantage Medicaid</th>
</tr>
</thead>
<tbody>
<tr>
<td>Private Sector</td>
<td>Education</td>
<td>APD State Funding Related to the Older Americans Act</td>
<td>Health Systems CCOs OHA</td>
<td>Philanthropy</td>
</tr>
<tr>
<td>Non-Profits</td>
<td>Advocates</td>
<td>Employment Social Security Pensions</td>
<td>Long-Term Care &amp; Support Services</td>
<td>Consumer Justice</td>
</tr>
</tbody>
</table>
OREGON NEEDS AN ALL-HANDS-ON-DECK APPROACH

WE NEED TO WORK TOGETHER ON A SYSTEMS-BASED SOLUTION THAT TOUCHES ALL MAJOR AREAS OF THE AGING LIFE EXPERIENCE.

WE NEED TO LISTEN TO COMMUNITIES.
WHAT EXACTLY IS A COMPREHENSIVE PLAN FOR AGING?

A TEN YEAR BLUEPRINT FOR CROSS-SECTOR SUPPORTS AND SERVICES ACROSS THE LIFESPAN.

- Envisioned by cross-sector stakeholders
- Mandated by Executive Order
- Implemented by state agencies & local communities
What's next?

EVERYONE AT THE TABLE

1. Gather information from unique communities through community conversations.

2. Go to ageplus.org to take the statewide survey on aging—people of all ages are encouraged to participate.

3. Use the information we gather to create a framework and gain buy-in from the Governor's Office.
Thank you to our annual sponsors!

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Audience Q&A
Thank you for attending!